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Former NASA Artificial Intelligence Researcher Explores the Mysterious Power of Human Consciousness

Amy L. Lansky, PhD, the author of the best-selling *Impossible Cure: The Promise of Homeopathy* (R.L.Ranch Press, 2003, www.impossiblecure.com) has now turned her attention to another mysterious subject—the power of human consciousness. In her new book, *Active Consciousness: Awakening the Power Within* (R.L.Ranch Press, 2011, www.activeconsciousness.com), Lansky treads where most scientists would fear to go—explorations into psychic phenomena (e.g., remote viewing, precognition, out-of-body experiences, and telekinesis); possible mechanisms for alternative “energy-based” medicines like homeopathy; and the esoteric teachings of mystics like Rudolph Steiner about the reality of our higher energy bodies that connect us to unseen realms. Lansky’s elegant, readable, and wide-ranging book also proposes a model that she claims could explain most of these phenomena—the ability of human consciousness to interact with higher dimensions in space.

Dr. Lansky’s goal in writing her new book is much more practical than a mere exploration of the esoteric, however. She believes that each of us has the ability to evolve our state of awareness and to wield the power of *active consciousness*—a term she coined to describe the use of consciousness to affect our trajectory through time and space. By weaving meditations, active consciousness exercises, and experiments throughout the book, *Active Consciousness: Awakening the Power Within* is actually a manual for personal evolution. “Humanity is at a crossroads,” says Lansky. “Either we become more deeply aware of our inherent interconnectedness and power, or we destroy human civilization as we know it. I believe there is hope—and that together, we can evolve and create a much *better* world.”



Unlike many scientists who view humans as biological robots, Lansky’s former background as a researcher in artificial intelligence—a field that attempts to endow computers with human intelligence—convinced her that we are much more than machines. “I believe that computers are no more conscious than toasters. We do ourselves a grave disservice to equate human potential with that of a machine. Perhaps our bodies are mere biological machines, but I believe that we are much more than our bodies and our brains. Each one of us is composed of many layers of energy that connect us to other realities and dimensions. Our physical bodies are the tip of a much larger energy iceberg that interacts with a vast sea of energy and resonance. If we can become more aware of who and what we really are, we will be able to gain much greater control over our lives and our human destiny. My book is designed to awaken readers and get them started along a path of exploration into their true and deeper nature.”

Active Consciousness has already been endorsed by several experts in the field, including: Dean Radin, PhD (chief scientist at the Institute of Noetic Sciences, known for his scientific research on psi phenomena and his two books, *The Conscious Universe* and *Entangled Minds*), Russell Targ (the author of many books and one of the world’s best known researchers on remote viewing), and Jane Katra, PhD (a noted spiritual healer and author).

Described by many as an “intuitive scholar,” Dr. Lansky received her doctorate in computer science from Stanford University. Today, she is widely known as an advocate of and expert on homeopathic medicine. Her landmark book on homeopathy, *Impossible Cure*, is used as a patient education book and textbook worldwide. Lansky’s departure from computer science into the world of homeopathic medicine was prompted by the miraculous cure of her son’s autism thanks to homeopathic treatment. With *Active Consciousness*, Lansky hopes to let everyone know that the miracles of homeopathy are just the beginning—and part of a much larger reality that we all participate in and can mold with the power of consciousness.

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